



WALKING THE EMMAUS ROAD TOGETHER

An Exploration of Group Spiritual Direction for Men

“Were not our hearts burning within us while he talked with us on the road?”—Luke 24:32

ARE YOU LONGING FOR SOMETHING MORE?

Many men carry questions about faith, purpose, relationships, work, transition, loss, and calling. Often, we carry these questions quietly and alone.

The Emmaus story reminds us that *Christ meets us on the road—in conversation, reflection, companionship, and prayer.*

Group Spiritual Direction offers a sacred space for men to journey together, noticing God’s presence and invitation in everyday life.

WHAT IS GROUP SPIRITUAL DIRECTION?

- ✓ Listening deeply for God’s presence
- ✓ Sharing honestly from their lives
- ✓ Practicing prayerful reflection
- ✓ Learning spiritual discernment
- ✓ Confidential conversation
- ✓ Walking together in faith

REFLECTION QUESTION

Where are you on the road today, and what might Christ be inviting you to notice?

GROUP SPIRITUAL DIRECTION IS NOT

- ✗ Bible Study
- ✗ Therapy
- ✗ Accountability Group
- ✗ Lecture or Class
- ✗ Problem-Solving Group

INTRODUCTORY SESSION

September 24, 2026 @ 7:30pm (Zoom)

Come experience a sample Group Spiritual Direction session and explore the Emmaus story as a model for spiritual companionship.

ONGOING COMMITMENT

After the introductory session, the group will meet once each month for two hours via Zoom for a six-month journey.

CONTACT & RSVP | Please RSVP by August 30, 2026

Rev. Earl Goulbourne

Spiritual Director

☎ 347-935-2685 | ✉ goulie07@gmail.com

Come and See • Walk and Listen • Discern and Grow

*Facilitated by Rev. Earl Goulbourne
Spiritual Director*